



January 16, 2024

To Whom It May Concern:

Tampa Bay Thrives (TBT) and the Bullard Family Foundation are seeking proposals from yoga studios and instructors with experience teaching and leading youth from ages 10-16 at Thaddeus M. Bullard Academy at Sligh Middle School (2011 E Sligh Ave, Tampa, FL 33610).

### **Overview**

TBT is a 501(c)(3) organization. The mission of TBT is to mobilize the community to strengthen behavioral health outcomes for depression, anxiety, and substance use disorders, with a focus on improving early intervention, access, and awareness.

### **Project Description and Requirements**

Tampa Bay Thrives has partnered with Sligh Middle School Administration, The Bullard Family Foundation, and Florida Blue to bring a Zen Den to life at Sligh Middle School. The purpose of this space is to provide a calming environment for youth and staff to decompress through purposeful mindfulness spaces and programs. The room includes areas and activities to practice healthy mental wellness through yoga, breathing exercises, and youth-focused resources. We are in search of a yoga studio to provide mindful movement instructors to youth inside the Zen Den on Thursdays and Fridays from 11 a.m. – 2 p.m. The studio's contract for services will be provided through The Bullard Family Foundation.

### **Minimum Requirements for the Studio/Instructors Include:**

- Certification of instruction for yoga or mindful movement
- A minimum of 2 years of experience with youth and BIPOC populations
- A background in trauma informed training in addition to somatic/other healing modalities
- Able to clear all background checks for Hillsborough County Public Schools
- Your studio has worker's compensation
- Your studio has proper liability insurance

### **RFP Process and Timing**

To apply, please provide a written report outlining the above expectations and your budget that includes costs and fees that would be required for services. Please include fees such as travel and additional supplies that would be required.

If you are interested in submitting a proposal, please submit by February 2<sup>nd</sup>, 2024, to Daniel Mineo at [dmineo@tampabaythrives.org](mailto:dmineo@tampabaythrives.org).

### **Proposal Specifications**

For our team to best evaluate the proposals, we request the following information be included:

- Background and experience in instructing youth in yoga and mindful movement
- Information about the studio and the staff that will be leading the youth, including relevant experience in teaching youth in BIPOC communities.
- Proposed timeline and schedule for daytime and after-school yoga sessions.

Our estimated budget for services is \$3,600 for the calendar year.

### *Proposal Deadline and Criteria*

The deadline for receipt of your proposal submission is, February 2<sup>nd</sup>, 2024, at COB. The completed form and any additional documents should be emailed to [dmineo@tampabaythrives.org](mailto:dmineo@tampabaythrives.org). No proposals received after this date will be considered.

Proposals will be evaluated on price and the following criteria: prior experience providing instruction of yoga/mindful movement to youth, understanding of the purpose and goals of the Zen Den, availability of instructors, the proper clearances and liabilities, and completeness and timeliness of the proposal.

Any additional questions or clarifications should be directed to Daniel Mineo at [dmineo@tampabaythrives.org](mailto:dmineo@tampabaythrives.org).

**Tampa Bay Thrives Yoga Services RFP**

<b>Contact Name:</b>	
<b>Contact Phone Number:</b>	
<b>Contact Email:</b>	
<b>Name of Studio:</b>	
<b>Studio Address:</b>	

**Background, Narrative of Experience, Service Offerings (Please briefly include any relevant experience serving youth, and serving BIPOC communities, why your studio should be selected):**

**Availability of Services -Please include available staff, experience, days/hours of availability per week**

**Cost for Service -Please include relevant expenses and explanation i.e. staff costs, travel, and supplies. Feel free to attach a supplemental document if more space is needed.**

**Liability and Worker Compensation Coverage- Please confirm coverage and details of coverage)**

I understand that all staff members supporting this agreement will have completed a Level 2 Background check and required clearances by Hillsborough County Schools prior to serving youth. Please check the box to confirm.

**Any additional information**

**Signature of Owner/Operator:** \_\_\_\_\_

**Date:** \_\_\_\_\_